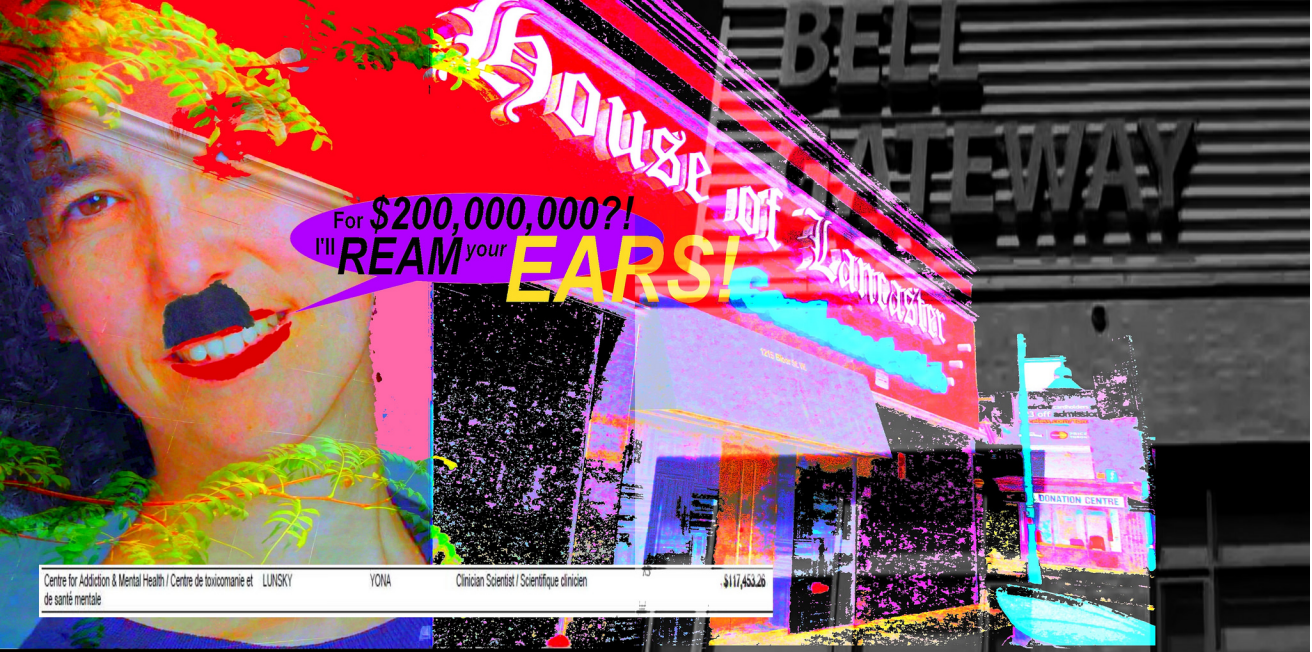

"Manageable issues, such as having a build-up of ear wax, constipation or low blood sugar, can lead to significant distress if not identified early...."